

PRIME TIME HOCKEY USA

REGISTRATION FORM

1839-360 South Main Street, Wake Forest, NC 27587 USA
 Email: infoUSA@primetimehockey.com

PLAYER'S NAME: _____
 ADDRESS: _____ APT: _____
 CITY: _____ PROV / ST: _____
 POSTAL/ZIP: _____ BIRTH DATE: _____
 TEL: H() _____ W() _____
 E-MAIL ADDRESS: _____
 HEALTH INSURANCE: _____
 TEAM: _____
 HOUSE, SEL, A, AA, AAA, TRAVEL, BB, B, HIGHSCHOOL

WEEKLY CLASS
 # of Sessions _____ # of Players _____ Date: _____
 Total: _____

PRIVATE LESSON ON ICE
 # of Sessions _____ # of Players _____ Date: _____
 Total: _____

SHOOTING RANGE
 # of Sessions _____ # of Players _____ Date: _____
 Total: _____

SKATING TREADMILL
 # of Sessions _____ # of Players _____ Date: _____
 Total: _____

THANKSGIVING CAMPS
 Cary Ice House AND Factory Ice House
 10 hours total training November 26-28 \$225

CHRISTMAS CAMPS
 Factory Ice House
 13.5 hours total training December 22-24 \$325

PRE TRYOUT CAMPS
 Factory Ice House
 10 hours total training April 25-29 \$265
 8 hours total training May 23-26 \$215

Method of Payment

Cash Cheque Visa / Mastercard / Amex
 Card# _____ Exp. _____

See www.primetimehockey.com for complete registration policies

PARENT'S NAME: _____
 SIGNATURE: _____
 DATE: _____



UPCOMING PROGRAMS

2011 PREP SCHOOL SHOWCASE

April 6-10, 2011, Factory Ice House

2011 SUMMER CAMPS

June 6-8	Junior Prime Timers
June 6-8	Specialized Scoring
June 13-17	Adv. Skating, Agility & Puck Control
July 5-9	Junior Prime Timers
July 5-9	Adv. Skating, Agility & Puck Control
July 5-9	Specialized Defence, Checking, Body Contact
July 25-29	Adv. Skating, Agility & Puck Control
July 25-29	Specialized Scoring
August 8-12	Junior Prime Timers
August 8-12	Adv. Skating, Agility & Puck Control
August 8-12	Specialized Defence, Checking, Body Contact
Aug 29-Sept 1	Specialized Pre-Season Preparation

PRIME TIME HOCKEY USA

THANKSGIVING CAMP

November 26-28, 2010
 Cary Ice House AND Factory Ice House
 See website for daily schedule
 \$225/full camp, \$85/daily
 10 hrs Total Training
 Travel A, AA, AAA

CHRISTMAS CAMPS

December 22-24, 2010
 Factory Ice House
 9:00 am - 2:00 pm OR 11:00 am - 4:00 pm
 \$325/full camp, \$125/daily
 13.5 hrs Total Training
 Travel A, AA, AAA

PRE TRYOUT CAMPS

April 25-29, 2011
 Factory Ice House
 7:00 pm - 9:00 pm
 \$265/week, \$60 daily • 10 hrs Total Training
 (15 hrs available with optional add on)
 Travel AA, AAA

May 23-26, 2011
 Factory Ice House
 6:30 pm - 8:30 pm
 \$215/week, \$60 daily • 8 hrs Total Training
 (13 hrs available with optional add on)
 Travel A, AA, AAA

919-420-0024

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 www.primetimehockey.com



*The Complete Source
 For Hockey Development*

2010/2011

NORTH CAROLINA PROGRAMS

STATE OF THE ART OFF-ICE TRAINING FACILITY

FEATURING

- WEEKLY ON ICE CLASSES
- ON ICE PRIVATE LESSONS
- SKATING TREADMILL
- SPECIALIZED SHOOTING
- THANKSGIVING CAMP
- CHRISTMAS CAMP
- PRE TRYOUT CAMPS
- SUMMER CAMPS



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THE PRIME TIME TEAM

Prime Time Hockey's instructors are among the top skills instructors in the hockey school industry. Our youthful staff maintain a high level of skill and are able to demonstrate each drill at an elite level using proper technique thus giving our students a good visual image of the skills we are teaching.



STAN MISTHIOS

- Honors Degree Law & Political Science, Carleton University
- 5 years Junior Hockey in Toronto and Ottawa
- 4 years instructing, Dr. Smushkin Hockey School
- 23 years experience teaching hockey development
- Founder and President of Prime Time Hockey



TIM MCLOUGHLIN

- BA Psychology, Harvard University
- 4 time MVP, Harvard J Varsity team
- 4 years Prep School Hockey, Brooks Academy
- Former Student, PTH
- 8th Season with PTH



MATT CROSS

- Centennial College, Business
- Coach, GTHL AAA
- Former Student, PTH
- 9 yrs experience teaching hockey development
- 9th year with PTH



ED TUDRICK

- Business & Marketing, NC State University
- 2 years NCAA, Lebanon Valley College
- 3 years varsity hockey Lawrence Academy
- 4 years experience teaching hockey development
- 2nd season with PTH



One leg at a time, outside edge turn, arms extend away from body....with a puck.

FALL/WINTER CLASSES

Classes run from September 20, 2010 - April 18, 2011.
 Exception Dates: 10/18, 11/29, 12/20, 12/22, 12/27, 12/29, 1/3.
 Players must meet age and caliber requirements.

Day	Time	Location	Program	Skaters	Level	Price	Packages
Monday	4 pm - 5 pm	Factory Ice House	Jr Prime Timers	up to 30	Players born in 2002-2006, or first time players	\$32	20/\$415 10/\$245 6/\$165
Monday	5 pm - 6 pm	Factory Ice House	Advanced Skating, Agility, Puck Control	up to 30	Travel A, AA, AAA Mite, Squirt, Peewee, Bantam	\$32	20/\$425 10/\$255 6/\$175
Wednesday	8 pm - 9 pm	Factory Ice House	Advanced Skating, Agility, Puck Control	up to 30	Travel A, AA, AAA Peewee, Bantam, Midget	\$32	20/\$425 10/\$255 6/\$175



SKATING TREADMILL TRAINING

Located in **Prime Time Hockey's** off-ice facility at Factory Ice House, Treadmill Training is an excellent source for strength and conditioning for teams or individual players of any age and skill level. Treadmill Training offers exceptional supplementary training opportunities to those looking to enhance speed, skating stride, and acceleration.



- All individual and group sessions are 60 minute training sessions:
- 30 minutes of skating on PTH Treadmill.
 - 30 minutes of shooting development in PTH Shooting Centre.
- * Team Training sessions are 90 minute training sessions:
- 30 minutes of skating on PTH Treadmill.
 - 30 minutes of shooting development in PTH Shooting Centre.
 - 30 minutes of upper body biomechanic puck control.

# of Sessions	1	6	10
Individual player	\$45	\$240	\$350
Group of 5 players	\$215	\$1,140	\$1,650
Team Training*	\$495*	\$2,790*	\$3,975*

SHOOTING INSTRUCTION



2300 sq ft Shooting Center Located at Factory Ice House

Prime Time Hockey is proud to offer a 2,300 square foot shooting range at The Sports Factory in Wake Forest. This artificial ice surface for puck handling and shooting development is yet another dimension to the unique and diverse package that PRIME TIME can offer to the hockey family.

All sessions at the shooting facility will be by appointment only and these sessions will all be supervised by our highly qualified staff.

# of Sessions	1 Player 1/2hr	2 Players 1/2hr	1 Player 1hr	2 Players 1hr
1	\$34	\$58	\$62	\$85
5	\$145	\$265	\$285	\$395
10	\$255	\$395	\$495	\$640

PRIVATE LESSONS

Day	Time	Arena
Monday	4:00 pm	Factory Ice House
Tuesday	Call to book	Factory or TBD
Wednesday	Call to book	Factory or TBD
Thursday	Call to book	Factory or TBD
Friday	Call to book	Factory or TBD



1 Session 5 Sessions

1 Player	\$85.00	\$400
2 Players	\$120.00 (\$60 per player)	\$550
3 Players	\$150.00 (\$50.00 per player)	\$675
4 Players	\$180.00 (\$45.00 per player)	\$800